



W/C Monday 24th August

THIS WEEK'S MENU

	MON	TUE	WED	THU	FRI
 OATILY awesome £2.50	Freshly made Oatily porridge served with a selection of toppings	Freshly made Oatily porridge served with a selection of toppings	Freshly made Oatily porridge served with a selection of toppings	Freshly made Oatily porridge served with a selection of toppings	Freshly made Oatily porridge served with a selection of toppings
 Broken Yolk £4.95	Croissant stuffed with crispy bacon, scrambled egg & spinach	Croissant stuffed with crispy bacon, scrabbled egg & spinach	Croissant stuffed with crispy bacon, scrabbled egg & spinach	Croissant stuffed with crispy bacon, scrabbled egg & spinach	Croissant stuffed with crispy bacon, scrabbled egg & spinach
 RISE & SHINE Breakfast	A choice of English traditionally cooked breakfast items with a selection of breads	A choice of English traditionally cooked breakfast items with a selection of breads	A choice of English traditionally cooked breakfast items with a selection of breads	A choice of English traditionally cooked breakfast items with a selection of breads	A choice of English traditionally cooked breakfast items with a selection of breads
 cakes & BAKES £3.00	A selection of breakfast pastries, homemade cakes & cookies	A selection of breakfast pastries, homemade cakes & cookies	A selection of breakfast pastries, homemade cakes & cookies	A selection of breakfast pastries, homemade cakes & cookies	A selection of breakfast pastries, homemade cakes & cookies

An adult typically needs around 2000kcal a day. If you require allergen information for any dish or item, please contact our allergen ambassador.
As we use all 14 allergens in our kitchens, we cannot ever guarantee cross-contamination does not occur.



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	MON	TUE	WED	THU	FRI
 	Thai green soup with chilli oil Bread of the day	Kohlrabi, coconut & lemon Bread of the day	Golden beetroot Bread of the day	Watercress & potato Bread of the day	Sweet potato, peanut & chilli Bread of the day
 £7.00	Crispy chicken cutlet sandwich Chicken cutlet, shredded lettuce Caesar dressing, crisp bacon & tomato in crystal bread served with parmesan fries (add on onion rings)	Korean beef rice bowl Spicy ground beef, sesame rice, kimchi greens, pickles & gochujang sauce	Slow roast belly of pork with roast new potatoes, burnt apple puree & gravy (add on buttered broccoli & savoy cabbage)	National Burger Day Beef or plant-based burger straight from the BBQ served with a selection of topping & condiments, warm potato salad, homemade coleslaw & mixed leaf salad	Battered Haddock with chips & peas & served with homemade tarte sauce & lemon wedge
 £6.75	Crispy Aubergine cutlet sandwich Aubergine cutlet, shredded lettuce Caesar dressing, crisp bacon & tomato in crystal bread served with parmesan fries (add on onion rings)	Korean soy rice bowl Spicy soy mince, sesame rice, kimchi greens, pickles & gochujang sauce	Summer vegetable, tomato & ricotta fusilli pasta		Thai jungle tofu curry with toasted peanuts, & sticky rice (add on no name pak – Thai vegetable fritters)
 £4.75	Pork mince souvlaki with mixed leaf salad & mint yoghurt served on khobez bread £4.75	Pork mince souvlaki with mixed leaf salad & mint yoghurt served on khobez bread £4.75	Pork mince souvlaki with mixed leaf salad & mint yoghurt served on khobez bread £4.75	Fish finger sandwich with gherkin slaw £4.75	Fish finger sandwich with gherkin slaw £4.75
<i>Panini of the day</i>	Tuna & mozzarella £4.95	Chicken, bacon & avocado £4.95	Ham, cheese & caramelized red onion chutney £4.95	BLT with cheese £4.95	Mozzarella with tomato & green pesto £4.95

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