



W/C Monday 3rd August

THIS WEEK'S MENU

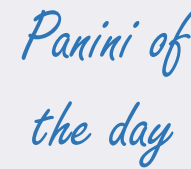
	MON	TUE	WED	THU	FRI
 OATILY awesome £2.50	Freshly made Oatily porridge served with a selection of toppings	Freshly made Oatily porridge served with a selection of toppings	Freshly made Oatily porridge served with a selection of toppings	Freshly made Oatily porridge served with a selection of toppings	Freshly made Oatily porridge served with a selection of toppings
 Broken Yolk £4.95	Sausage & egg muffin Cumberland sausage patty with American cheese & fried egg on a toasted English muffin	Sausage & egg muffin Cumberland sausage patty with American cheese & fried egg on a toasted English muffin	Sausage & egg muffin Cumberland sausage patty with American cheese & fried egg on a toasted English muffin	Sausage & egg muffin Cumberland sausage patty with American cheese & fried egg on a toasted English muffin	Sausage & egg muffin Cumberland sausage patty with American cheese & fried egg on a toasted English muffin
 RISE & SHINE Breakfast	A choice of English traditionally cooked breakfast items with a selection of breads	A choice of English traditionally cooked breakfast items with a selection of breads	A choice of English traditionally cooked breakfast items with a selection of breads	A choice of English traditionally cooked breakfast items with a selection of breads	A choice of English traditionally cooked breakfast items with a selection of breads
 cakes & BAKES £3.00	A selection of breakfast pastries, homemade cakes & cookies	A selection of breakfast pastries, homemade cakes & cookies	A selection of breakfast pastries, homemade cakes & cookies	A selection of breakfast pastries, homemade cakes & cookies	A selection of breakfast pastries, homemade cakes & cookies

An adult typically needs around 2000kcal a day. If you require allergen information for any dish or item, please contact our allergen ambassador.
As we use all 14 allergens in our kitchens, we cannot ever guarantee cross-contamination does not occur.



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	MON	TUE	WED	THU	FRI
 	Fennel, pea & lemon Bread of the day	Potato, lemon & watercress Bread of the day	Thai green soup with chilli oil Bread of the day	Mushroom & tarragon Bread of the day	Broccoli, feta & chilli Bread of the day
 £7.00	Roast chicken thighs in a creamy chipotle sauce with rice & beans	Vietnamese crispy pork with steamed rice, pickles & sesame greens	Gnocchi bolognese, slow cooked beef ragu, gnocchi, parmesan & rocket (add on garlic bread)	Cajun chicken wrap with sweetcorn salsa, crisp lettuce, tomato & sour cream served with salad (add on Cajun fries)	Battered Haddock with, chips, lemon & tartar sauce served with garden or mushy peas
 £6.75	Minted courgette & mascarpone fusilli pasta served with mixed leaf salad	Chilli paneer skewers served with a mango salad, raita, & khobez bread	Sweet potato, peanut & coconut curry served with steamed rice (add on vegetable samosa)	Cajun tofu wrap with sweetcorn salsa, crisp lettuce, tomato & sour cream served with salad (add on Cajun fries)	Courgette & truffle Chesterford honey tart served with the salad bar
 £4.75	Fish finger sandwich with gherkin slaw served on sliced sourdough £4.75	Fish finger sandwich with gherkin slaw served on sliced sourdough £4.75	Fish finger sandwich with gherkin slaw served on sliced sourdough £4.75	BBQ chicken wings with seasonal slaw £4.50	BBQ chicken wings with seasonal slaw £4.50
	BLT grilled cheese £4.95	Ham, cheese & gherkins £4.95	Tuna, cheese & red onion £4.95	Halloumi & roasted red pepper £4.95	Chicken, cheese & pesto £4.95

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