



THIS WEEK'S MENU

	MON	TUE	WED	THU	FRI
 OATILY <i>awesome</i> £2.50	Freshly made Oatly porridge served with a selection of toppings	Freshly made Oatly porridge served with a selection of toppings	Freshly made Oatly porridge served with a selection of toppings	Freshly made Oatly porridge served with a selection of toppings	Freshly made Oatly porridge served with a selection of toppings
 Broken Yolk £4.35	Smashed avocado on toast topped with poached egg & sriracha	Smashed avocado on toast topped with poached egg & sriracha	Smashed avocado on toast topped with poached egg & sriracha	Smashed avocado on toast topped with poached egg & sriracha	Smashed avocado on toast topped with poached egg & sriracha
 RISE & SHINE <i>Breakfast</i>	A choice of English traditionally cooked breakfast items with a selection of breads	A choice of English traditionally cooked breakfast items with a selection of breads	A choice of English traditionally cooked breakfast items with a selection of breads	A choice of English traditionally cooked breakfast items with a selection of breads	A choice of English traditionally cooked breakfast items with a selection of breads
 cakes <i>& BAKES</i> £2.25	A selection of breakfast pastries, homemade cakes & cookies	A selection of breakfast pastries, homemade cakes & cookies	A selection of breakfast pastries, homemade cakes & cookies	A selection of breakfast pastries, homemade cakes & cookies	A selection of breakfast pastries, homemade cakes & cookies

An adult typically needs around 2000kcal a day. If you require allergen information for any dish or item, please contact our allergen ambassador. As we use all 14 allergens in our kitchens, we cannot ever guarantee cross-contamination does not occur.



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	MON	TUE	WED	THU	FRI
 	Spiced roast tomato Bread of the day	Leek & potato Bread of the day	Tuscan style cannellini bean and vegetable soup with nut free pesto Bread of the day	Curried parsnip Bread of the day	Potato & watercress Bread of the day
 £6.75	Hot dog day Smokey frankfurter sausage in a pretzel roll with a selection of sauces & toppings served with skin on seasoned fries	Classic Italian beef bolognese served with spaghetti Add on garlic bread	Katsu wrap Breaded chicken breast with katsu sauce, hispi & sesame slaw, beef tomato & wasabi mayo served with fries	Butter chicken curry served with rice & poppadum	Traditional battered Pollock with mushy or garden peas, served with homemade tartare sauce and chips
 £6.50	Hot dog day Plant based hot dog in a pretzel roll with a selection of sauces & toppings served with skin on seasoned fries	Chinese vegetable spring rolls served with tofu fried rice, sweet chilli sauce sesame greens	Katsu wrap Breaded tofu with katsu sauce, hispi & sesame slaw, beef tomato & wasabi mayo served with fries	Aubergine Bhuna served with rice & poppadum	Leek & parmesan Wellington served with salad from the salad bar
 £4.70	British Pie Week Beef brisket pie Or Broccoli, cauliflower & cheese (Vegan)	British Pie Week Chicken Balti pie or Sweet potato, spinach & coconut pie (Vegan)	British Pie Week Chicken, gammon & leek pie Or Bombay potato pie (Vegan)	British Pie Week Steak, Harvey's ale & mushroom pie Or Broccoli, cauliflower & cheese (Vegan)	British Pie Week Chicken & Mushroom pie Or Sweet potato, spinach & coconut pie (Vegan)
	Chicken & pesto £4.70	Bacon, apple & cheddar grilled cheese £4.70	Turkey, bacon & avocado grilled cheese £4.70	BLT grilled cheese £4.70	Tuna cheese crunch with tomato £4.70

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