







W/C Monday 2nd February

THIS WEEK'S MENU






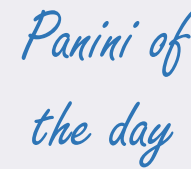
	MON	TUE	WED	THU	FRI
 OATILY awesome £2.50	Freshly made Oatily porridge served with a selection of toppings	Freshly made Oatily porridge served with a selection of toppings	Freshly made Oatily porridge served with a selection of toppings	Freshly made Oatily porridge served with a selection of toppings	Freshly made Oatily porridge served with a selection of toppings
 Broken Yolk £4.35	Eggs benedict on toasted sourdough crumpets	Eggs benedict on toasted sourdough crumpets	Eggs benedict on toasted sourdough crumpets	Eggs benedict on toasted sourdough crumpets	Eggs benedict on toasted sourdough crumpets
 RISE & SHINE Breakfast	A choice of English traditionally cooked breakfast items with a selection of breads	A choice of English traditionally cooked breakfast items with a selection of breads	A choice of English traditionally cooked breakfast items with a selection of breads	A choice of English traditionally cooked breakfast items with a selection of breads	A choice of English traditionally cooked breakfast items with a selection of breads
 cakes & BAKES £2.25	A selection of breakfast pastries, homemade cakes & cookies	A selection of breakfast pastries, homemade cakes & cookies	A selection of breakfast pastries, homemade cakes & cookies	A selection of breakfast pastries, homemade cakes & cookies	A selection of breakfast pastries, homemade cakes & cookies

An adult typically needs around 2000kcal a day. If you require allergen information for any dish or item, please contact our allergen ambassador.
As we use all 14 allergens in our kitchens, we cannot ever guarantee cross-contamination does not occur.



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	MON	TUE	WED	THU	FRI
 	Harissa spiced parsnip Bread of the day	Mushroom & tarragon Bread of the day	Mulligatawny soup with roasted harissa spiced chickpeas Bread of the day	Beetroot, horseradish & sour cream Bread of the day	Broccoli, chili, ginger & soy Bread of the day
 £6.75	Yorkshire pudding wrap with roast pork, stuffing, roast carrots & parsnips, butter cabbage & gravy (add on smashed roast new potatoes with honey & parmesan)	Pan roast chicken breast with a honey, soy & sesame glaze served on British black barley with a cucumber, mint & chili salad	Sri Lankan black pork curry with pickled red onion & toasted sesame served with rice (add on Kale mallung)	Coq au vin, classic chicken Coq au vin with shallots, bacon & mushrooms in a red wine sauce served with parsley mash	Battered Pollock with mushy peas or garden peas, tartar sauce and chips
 £6.50	Yorkshire pudding wrap with nut loaf, stuffing, roast carrots & parsnips, butter cabbage & gravy (add on smashed roast new potatoes with honey & parmesan)	Carlin pea saag with mango glazed halloumi (add on Peshwari Naan)	Squash, mushroom & spinach cannelloni with rocket & lemon oil (add on garlic bread)	Mushroom stack burger with roast field mushrooms, aubergine, craps lettuce & house pickles	Winter squash, kale & feta, frittata served with your choice of salad from the salad bar
 £3.50	Broccoli stalk pakoras with burnt apple and cumin purée	Broccoli stalk pakoras with burnt apple and cumin purée	Broccoli stalk pakoras with burnt apple and cumin purée	Bartlett pear and black pudding scotch egg with pickled walnut ketchup	Bartlett pear and black pudding scotch egg with pickled walnut ketchup
	Chicken, cheese & pesto £4.70	B.Z.T Bacon, mozzarella, grilled zucchini & tomato £4.70	Turkey, bacon & avocado grilled cheese £4.470	Ham & cheese with honey mustard sauce & crunchy pickles £4.70	Tomato, mozzarella & pesto £4.50

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