







THIS WEEK'S MENU

	MON	TUE	WED	THU	FRI
 OATILY awesome £2.50	Freshly made Oatily porridge served with a selection of toppings	Freshly made Oatily porridge served with a selection of toppings	Freshly made Oatily porridge served with a selection of toppings	Freshly made Oatily porridge served with a selection of toppings	Freshly made Oatily porridge served with a selection of toppings
 £4.35	Chorizo & roast pepper scrambled eggs on toast	Chorizo & roast pepper scrambled eggs on toast	Chorizo & roast pepper scrambled eggs on toast	Chorizo & roast pepper scrambled eggs on toast	Chorizo & roast pepper scrambled eggs on toast
	A choice of English traditionally cooked breakfast items with a selection of breads	A choice of English traditionally cooked breakfast items with a selection of breads	A choice of English traditionally cooked breakfast items with a selection of breads	A choice of English traditionally cooked breakfast items with a selection of breads	A choice of English traditionally cooked breakfast items with a selection of breads
 £2.25	A selection of breakfast pastries, homemade cakes & cookies	A selection of breakfast pastries, homemade cakes & cookies	A selection of breakfast pastries, homemade cakes & cookies	A selection of breakfast pastries, homemade cakes & cookies	A selection of breakfast pastries, homemade cakes & cookies

An adult typically needs around 2000kcal a day. If you require allergen information for any dish or item, please contact our allergen ambassador.
As we use all 14 allergens in our kitchens, we cannot ever guarantee cross-contamination does not occur.



W/C Monday 29th September

THIS WEEK'S MENU

	MON	TUE	WED	THU	FRI
 	Creamy Kohlrabi Walnut & blue cheese scone Bread of the day	Carrot & celery Walnut & blue cheese scone Bread of the day	Spinach & potato Walnut & blue cheese scone Bread of the day	Parsnip & apple Walnut & blue cheese scone Bread of the day	Pumpkin, peanut & chili Walnut & blue cheese scone Bread of the day
 £6.75	Meatball flatbread, beef meatballs served on a mozzarella sourdough flatbread with walnut pesto & rocket	Jerk chicken quarter served with sweet potato mash & jerk coconut sauce	Go Meat Free for World Vegetarian Day with: Salt baked beetroot salad with breaded goats' cheese, chilled chicory, watercress, lambs leaf & walnut, balsamic dressing	Spicy Korean popcorn chicken with egg noodles & stir-fried vegetables	Battered Pollock with mushy peas or garden peas, tartar sauce and chips
 £6.50	Samosa chaat, Chana masala served on crushed samosas with chutneys, sauces & pickles	Lentil Moussaka with feta Greek salad & crusty bread	Or Bang bang cauliflower with stir fried noodles	Southern fried halloumi burger with dirty fries lettuce & siracha mayo	Pad mee Korat, vegan tofu pad Thai with peanut, chilli & lime
 £3.50	Vegetable spring rolls with sweet chilli & lime dipping sauce £4.50	Vegetable spring rolls with sweet chilli & lime dipping sauce £4.50	Vegetable spring rolls with sweet chilli & lime dipping sauce £4.50	Crispy sesame chicken served in a wrap with mayo, sweet chilli & lettuce £3.95	Crispy sesame chicken served in a wrap with mayo, sweet chilli & lettuce £3.95
	Chicken, cheese & pesto £4.70	Tuna & mozzarella £4.70	Turkey, stuffing & cranberry £4.70	Roasted vegetables, pesto & mozzarella £4.70	Tuna, cheese & sweetcorn £4.70

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