

OPENING TIMES

Breakfast Service: 08:15 - 10:30

Lunch Service: 12:00 - 14:00

All items subject to change

Week Commencing 20th June

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of Breakfast Items, Coffees & Teas	Selection of Breakfast Items, Coffees & Teas	Selection of Breakfast Items, Coffees & Teas	Selection of Breakfast Items, Coffees & Teas	Selection of Breakfast Items, Coffees & Teas
Soup £2.80	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Main Course £6.25	Chicken Jalfrezi with Steamed Rice, Mango Chutney & Onion Salad 862 Kcal	Slow Cooked Asian Pork Belly Sub with Crunchy Salad, Fries & Pickled Vegetables 1350 Kcal	Beef Meatball Marinara with Penne Pasta, Salad & Garlic Bread 805 Kcal	Giant Yorkie filled with Sausages, New Potatoes, Carrots, Garden Peas & Gravy 1290 Kcal	Fish of the day with Chips & Lemon 794 Kcal Add Peas 83 Kcal Baked Beans 107 Kcal Mushy Peas 125 Kcal
Vegetarian Main Course £6.10	Grilled Ciabatta with Creamy Mushrooms, Fries and a Baby Spinach & Watercress Salad 1281 Kcal	Slow Baked Turkish Style Aubergine, Tomato, Feta & Mint with Pilau Rice 632 Kcal	Southern Pulled Vegetable Wrap with Jacket Wedges & Coriander Slaw 755 Kcal	Cheesy Leek & Potato Pie with Roasted Carrots, Garden Peas & Gravy 1020 Kcal	Thai Red Vegetable Curry with Braised Rice, Pickled Vegetables & Crackers 739 Kcal
Fries £1.60	Fried Potatoes 420 Kcal	Fried Potatoes 420 Kcal	Fried Potatoes 420 Kcal	Fried Potatoes 420 Kcal	Fried Potatoes 420 Kcal
Spud Bar £4.20	Jacket Potato, Cheese Beans, Coleslaw & Salad 846 Kcal	Jacket Potato, Cheese Beans, Coleslaw & Salad 846 Kcal	Jacket Potato, Cheese Beans, Coleslaw & Salad 846 Kcal	Jacket Potato, Cheese Beans, Coleslaw & Salad 846 Kcal	Jacket Potato, Cheese Beans, Coleslaw & Salad 846 Kcal
Good to Go	Freshly prepared Fruit & Salad Pots, Handmade Deli Sandwiches, Yogurts, Juices & Convenience Items served daily				

Adults require around 2000 Kcals per day