

FOR IMMEDIATE RELEASE



Chesterford Research Park triathletes raise over £1,000 for Cancer Research UK

Park tri-team celebrates fantastic finishing times and fundraising success at the London Triathlon!

Tuesday 2nd August 2011: A group of gym members from Chesterford Research Park, along with Gym Manager, Noel Cooper competed in the London Triathlon on Saturday July 30th and raised £1,100 for Cancer Research UK in the process.

The annual event was held at London's ExCeL Centre and consisted of a 750m open water swim, 20km bike and 5km run.

David Donald, Onkar Shoker and Stephen Coles all from Illumina, whose HQ is located at the Park and Gym Manager Noel Cooper all completed the gruelling course in very respectable times ranging from 1hr 42mins to 2hrs 7mins.

The team really enjoyed the unique experience of competing in the event. David Donald, Network Systems Administrator at Illumina commented of the day: "It felt like quite an intimidating challenge – although the individual distances were not that far, the thought of doing all three in quick succession was no easy feat! The swim was the most challenging section for me, trying to navigate through so many other swimmers at once was an experience!"

Health and wellbeing are vital components to life at Chesterford Research Park. The Nucleus central facilities building at the Park, nestled within a wonderful natural landscape with a beautiful arboretum and lakes includes a fully equipped gym – used by both tenants and visitors alike. Air-conditioned and run by experienced fitness professionals the gym includes the latest CV and resistance machines, a wide selection of free-weights and a dedicated stretch area with Vibroplate.

Chesterford Research Park is ideally situated within easy reach of the City of Cambridge, Stansted airport and the M11. The Park also operates a taxi service and regular shuttle buses to and from the railway station at Audley End, from which London is only an hour away. From its position within the South Cambridge Biotech Cluster, Chesterford Research Park is perfectly positioned to offer companies of all sizes attractively located, state-of-the-art facilities.

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NOTE TO EDITOR

Chesterford Research Park is being developed as a 250 acre low density scheme to provide high quality accommodation in an attractive environment for science and technology based companies of all sizes. To date, more than 240,000 sq ft of laboratory and R&D space has been let and occupied. Further phases of construction will extend the development to approximately 600,000 sq ft (56,500 sq m). The park is being developed as a joint venture between Aviva Investors and The Churchmanor Estates Company Plc. www.chesterfordresearchpark.com and www.thenucleus.uk.com