

**The Nucleus Restaurant – Menu for week commencing 06.02.12**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Soup</b>	<b>Soup of The Day With fresh bread</b>	<b>Soup of The Day With fresh bread</b>	<b>Soup of the Day With fresh bread</b>	<b>Soup of the Day With fresh bread</b>	<b>Soup of The Day With Fresh Bread</b>
<b>Theatre Dish</b>	<b>Cottage Pie topped with Buttered Potatoes served with Peas and Carrots and Red Wine Gravy</b>	<b>Char grilled Lamb Burger in a Sesame Seed Bun with Cheese, Crunchy Coleslaw and Chipped Potatoes</b>	<b>Fragrant Goan Fish Curry with Vegetable Pilau Rice, Poppodum and Pickles</b>	<b>Beef Burritos served with Homemade Jacket Potato Wedges and Sour Cream Dressed Mixed Salad</b>	<b>Grilled Hot Dog with Fried Onions, Relish, Chipped Potatoes, Dressed Garden Salad, Mustard and Relish</b>
<b>Main Course</b>	<b>Chicken and Leek Pie with Roasted New Potatoes and Steamed Seasonal Vegetables</b>	<b>Tuna Pasta Bake with Garlic Dough balls and Dressed Olive and Tomato Salad</b>	<b>Roast Breast Of Chicken served with Roast Potatoes, Seasonal Vegetables, Sage &amp; Onion Stuffing and Red Wine Gravy</b>	<b>Lamb and Mint Meatballs in a Rich Tomato Sauce served with Fresh Herb Spaghetti and Rustic Bread</b>	<b>Fish of the Day with a Choice of Chips, Garden Peas, Mushy Peas,, Baked Beans</b>
<b>Lighter Option</b>	<b>Jacket Potato served with a Choice of Fillings</b>	<b>Sausage Roll and Baked Beans</b>	<b>Jacket Potato served with a Choice of Fillings</b>	<b>Jacket Potato served with a Choice of Fillings</b>	<b>Cornish Pasty with Baked Beans</b>
<b>Vegetarian Option</b>	<b>Gnocchi served in a Tomato, Fresh Herb and Cream Sauce with Rocket Salad and Toasted Ciabatta</b>	<b>Leek, Mushroom and Tarragon Short crust Pastry Pie with New Potatoes and Garden Vegetables</b>	<b>Quorn Spaghetti Bolognese served with Garlic Bread and Freshly Grated Parmesan and Side Salad</b>	<b>Sweet Potato and Butterbean Korma served with Vegetable Samosa, Steamed Rice and a mint Yoghurt Dressing</b>	<b>Goats Cheese and Red Onion Tart with Lyonnaised Potatoes and Roasted Vegetables</b>
<b>Something Sweet</b>	<b>Cold Sweet Selection OR Chocolate Pudding served with Custard</b>	<b>Cold Sweet Selection OR Lemon Meringue Pie with Fresh Cream</b>	<b>Cold Sweet Selection OR Vanilla &amp; Cherry Sponge with Custard</b>	<b>Cold Sweet Selection OR Warm Peach Tart with Custard</b>	<b>Cold Sweet Selection OR Fruit Crumble served with Custard</b>

**Weekly Specials**

**Beat the Deli Queue** – Send us your E Order, and have your sandwich made up ready to collect at your leisure.

**Coming Soon** – February 21<sup>st</sup> Pancake Day with a Mardi gras themed menu

**Tea and cake Promotion this week** – Tetley tea and a home made cake for only £1.50